



The Sunshine Coast Indoor Rowing Club



Firstly, we want to say a huge thank you to everyone who joined us at the Queensland Indoor Rowing Championships June. This year has been incredibly difficult for everyone, so it was great to see so many of you there supporting the club and each other. We'd like to congratulate everyone who raced and offer our appreciation to everyone who volunteered their time to help at the event.



Congratulations

To the trophy winners at the 2021 QLD Indoor Rowing Championships held at O2 Performance, Bokarina in June.

The trophies were sponsored by Jarrod Bleijie, the State Member for Kawana.

JUNIOR FEMALE

Kayley Mitchell - Brisbane/ Calamvale
Community College



SENIOR FEMALE

Lindy Hou - ACT
Paralympian Gold medallist in Cycling



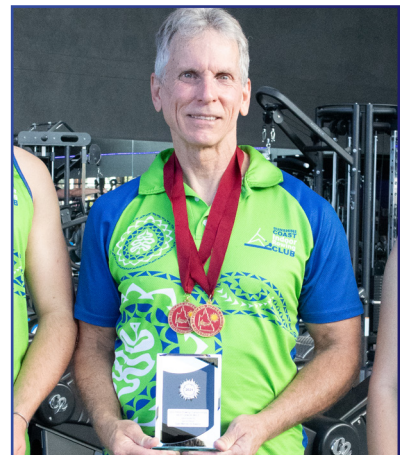
JUNIOR MALE

Edan Mc Donald - Sunshine Coast/
Nudgee College
Assistant Coach of the Sunshine Coast
Indoor Rowing Club



SENIOR MALE

Paul Edwards - Sunshine Coast
Vice President of the Sunshine Coast
Indoor Rowing Club.
Paul is an adaptive rower.



The results from the QLD Championships are on the website,
[QLD Indoor Rowing Championships.](http://www.qldindoorrowing.com.au)



Many medals won by Tilly McDonald at the QLD Championships

CHAMPION SCHOOL

SUNSHINE COAST GRAMMAR

Sunshine Coast Grammar won the Champion School shield at the 2021 QLD Indoor Rowing Championships.



Sunshine Coast Grammar team



Sunshine Coast Grammar team

RUNNER UP

TRINITY COLLEGE GLADSTONE

REBEL GIFT CARDS

Harry Pettett, Jack Tankard, Jayden Van Eden, Minaya Bishop, Jessica Davison, Matilda McDonald

Joe Bopf attends Kawana Waters State College. The 2021 QLD Indoor Rowing Championships was his very first Indoor Rowing competition. He really enjoyed the day.



Joe Bopf, Wendy Coghill

Peter Cox is the Councillor for Division 3, which includes Bokarina and Wurtulla. He supported the QLD Indoor Rowing Championships with a grant of \$900 from his Sunshine Coast Council discretionary fund. That was really great.



Peter Cox, Wendy Coghill, Ashley Robinson

Ashley Robinson has been a Patron of the QLD Indoor Rowing Championships for many years. He is the General Manager of Alex Surf Club. He donated an excellent dinner voucher for the raffle for the QLD Championships and organised the First Aid guy from Alex to come to the Championships.

Vince Home

VINCE HOME was born on the 2nd May, 1925 in Condamine, QLD. He was the youngest of 4 children. His parents, William and May, managed a cattle property. Vince lived a typical bush kid's life with home schooling, milking cows morning and night, carrying water from the creek to the house and vegie garden. He learnt to drive at age 6 and got his first shoes at 8.

Vince left school in 1939 at age 14, when World War 2 started. He worked for a butcher. Then he worked in a garage and a sawmill in Chinchilla. He drove trucks in Tara.

Vince was an excellent sportsman. He played tennis, golf, cricket and rugby. He met Beryl in Tara. They were married in 1950, 71 years ago. Vince became a station manager on a sheep station. Then Vince and Beryl ran a very successful grocery store in Tara.



In 1958 Vince and Beryl gave up the country lifestyle they loved and moved to Brisbane to give their kids an education and a better chance in life. The Home family lived in Wynnum, Manly and then in Alexandra Hills, which is still the family home.

Vince and Beryl have 4 children, Larry, Susan, Dianne and Donald. They have 10 grandchildren and 10 plus 2 great grandchildren.

Vince was also a very keen fisherman and taught all his kids to fish.

In Brisbane Vince had a number of different jobs and eventually rose to be a Senior executive with David Jones, QLD. He also had senior roles in the real estate industry.

Vince and Beryl started travelling in 1980 and did the full lap of Australia in 1981. They did fruit picking in Victoria and also worked as cook assistants for the Army Reserve in WA.

Vince loved woodwork. He was also a great practical joker. In 1982 Vince was a volunteer at the Commonwealth Games in Brisbane.

Vince started to lose his sight in the 1990s and handed in his driver's licence at age 70 in 1995.

Vince Home

It was dangerous to go walking. Yet, he continued to do so. Vince and Beryl also continued their travelling around Australia with Beryl driving.

Vince had major blockages in several of his coronary arteries and underwent a triple bypass in 2005. In 2017 Vince had a cochlear implant. Then he had to learn to hear all over again.

Vince, Beryl and some family members made an annual pilgrimage to Ballandean near Stanthorpe from 2011 to 2019, where Vince was able to reconnect with the land.

Larry gave Vince and Beryl a concept2 rowing machine in 2012. After 2 weeks Vince was able to row 5000 m in a single row. In another 4 months he did his first 10,000 m row. Quite an achievement for an 88 year old. His family joined him up to a global virtual rowing group called the Ancient Mariners.

Vince and Beryl entered the Indoor Rowing at the 2014 Pan Pacs at the Gold Coast and won numerous medals. They both competed in the 2015 QLD Indoor Rowing Championships and in every QLD Championships since then apart from this year.

In the 2016 Pan Pacs, Vince was in the 90+ age group. He won all his races and set a World Record in the 4 minute race with an amazing distance of 891 m. In the 2018 Pan Pacs Vince was the oldest competitor across all sports. He again won all his events.

In 2019 Vince rowed a MARATHON on his rowing machine. His time for the 42.19 km / 42,195 m was 4 hours 32.57 minutes. He set 2 World Records. This was probably Vince's most amazing feat in the sport of Indoor Rowing. He was an absolute legend and was adored by competitors of all ages and abilities. He was always very modest about his achievements. He was the ultimate gentleman.

Vince passed away on Saturday, 4th September, 2021 after a short illness.

Thanks to Larry and Donald Home for the information from their eulogies to their amazing and inspirational DAD.

Tribute from Wendy Coghill

Messages

The sport has lost one of its most inspiring figures. He symbolised what can be achieved with a positive attitude, and he earned so much respect in the Indoor Rowing community for his willingness to “have a go”. To me, he epitomised not so much the longevity of life as the quality of life – he was truly amazing for his age.

I only wish I could be doing ergos in my nineties and be half as healthy as Vince. Please pass on my condolence to Beryl – it is very sad and he will be missed.

*Kind regards,
Gary Merritt, Rowing QLD*

Such sad news about Vince. Whilst we appreciated his age, it just seemed he would go on for ever, He was a humble and very personable man. He will be so sadly missed from our competitions.

*Kindest regards,
David & Gioia Berry, Gold Coast*

That’s so sad, however not unexpected I guess at his age, though I always imagined him making it to 100.

We remember him as a lovely man, and look forward to reading your tribute.

Jane and Kim Malcolm, ACT

*Such an inspiration and one almost expected him to go on and on and on....
He will be sorely missed by his family and the indoor rowing fraternity.*

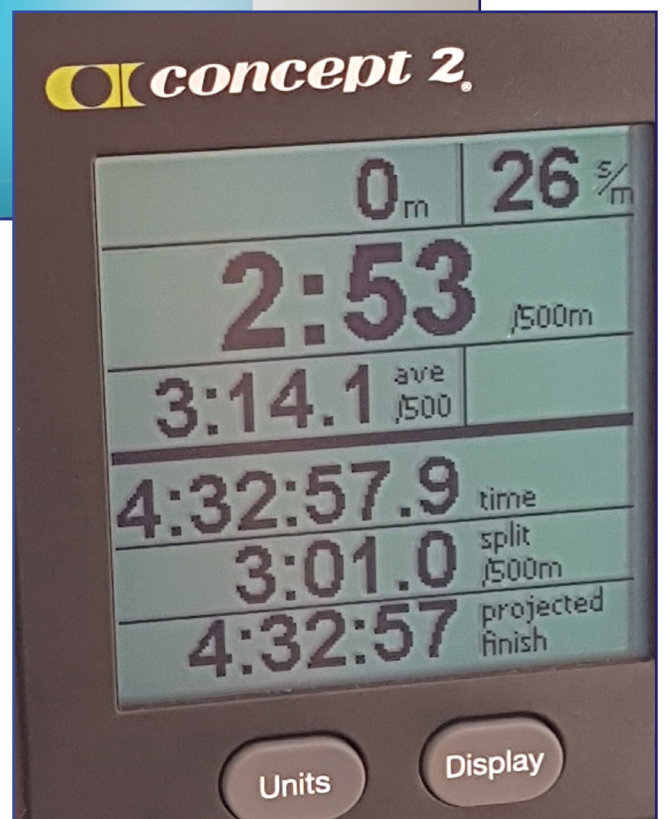
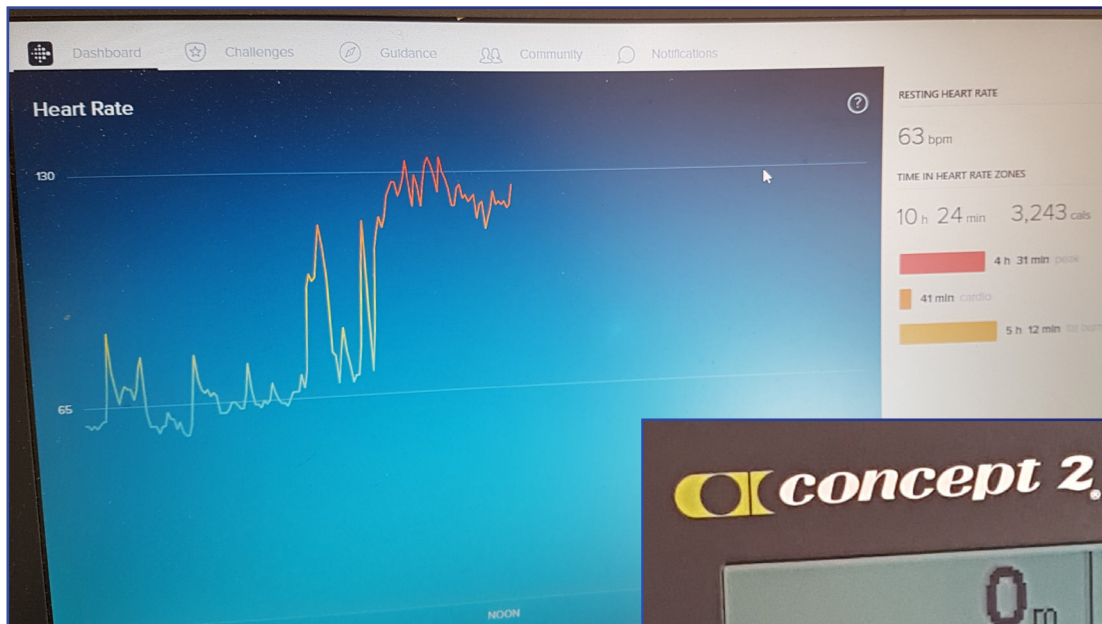
*Best wishes,
Anne Cresswell, Victoria*



Messages

Sorry to hear about the passing of Vince. He was a lovely gentleman - truly inspirational. We really enjoyed meeting up with him at the various competitions. Pass on our condolences to the family.

Regards,
Marg and Pete Sheean, Sydney



Welcome

WELCOME to new member Paul Saffigna from Cleveland

The 2021 Australian Indoor Rowing Championships will be held on Saturday, 30th October. The Brisbane venue is the Centenary Rowing Club in Sumners Road, Riverhills. Go to the Rowing Australia website for more information. Please support this excellent event.

Sunshine Coast Indoor Rowing Club singlets and shirts The new order of turtle merchandise has arrived. Please contact Wendy, if you want to purchase a singlet or shirt. The cost has remained the same. The singlets are \$35 and the shirts are \$40.

Membership fees are due for most people. The fees are for 12 months. The cost is \$15 for Juniors, \$25 for adults and \$50 for a family. The Sunshine Coast Indoor Rowing Club banking details are BSB 484 799 Account 451 623 087 We need lots of people to renew their membership to ensure, that the Club continues to be a strong force in the Indoor Rowing world.

Training sessions will be held at O2 Performance at the Sports Hub at Bokarina at 9 am every Saturday until the AIRC. Then we will have a short break. Rob Cossalter and Edan McDonald have been doing some excellent coaching. If you are not a member of O2 Performance, the charge per session on Saturdays is \$5. Thanks heaps to the management of O2 Performance for supporting Indoor Rowing on the Sunshine Coast and in Queensland.

Kindly sponsored by



KAWANA